



Votiva Pre-Procedure & Post-Procedure Instructions

TWO – FOUR DAYS PRIOR TO PROCEDURE

- Shave hair in area to be treated
 - Do not remove with chemical products or waxing

MORNING OF PROCEDURE

- Shower as normal
- DO NOT use any products internally or externally; such as lotions, powders, lubricants

WHAT TO EXPECT DURING TREATMENT

- You may have the feeling of needing to urinate
- You may feel some warmth, tingling or contractions

AFTER TREATMENT

- You may have some clear vaginal discharge for a few days. You can use a panty liner if needed.
- FormaV internal and external treatment only
 - For the next 48 hours **DO NOT** have intercourse **OR** place anything in vagina
- If you had Morpheus8 treatment to external labia
 - For the next 7 days **DO NOT** have intercourse **OR** place anything in vagina
- Tiny scabs may appear in the first few days and take a few more days to heal
 - Allow to heal and flake off naturally
 - An emollient cream or ointment such as Bacitracin or Vaseline can be used
- Complete any medications as prescribed
- Call office if you have pain that is not relieved with Tylenol, foul odor, drainage that is not clear, fever or blisters

*Aegean Medical at Crystal Coast Pain Management & Azura Skin Care
Center*

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